



Semper Fit and Exchange Services Division

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MCX to offer First Lady of the Marine Corps Recommended Reading List Titles

HQMC (MR), QUANTICO, VA – Military spouses now have a new resource for learning how to overcome the challenges of military Service. Bonnie Amos, spouse of the Commandant of Marine Corps, Gen. James Amos has established “The First Lady of the Marine Corps Recommended Reading List.”

To make finding this first of its kind in any Service collection easier, a new section in Marine Corps Exchange (MCX) main store book departments will feature the books. The official launch date for this initiative is Oct 15. But due to the limited availability of some titles and limited space at some locations, not all titles will be available at all locations. Requests for large quantities of books for clubs or organizations should be addressed with the local MCX store manager. Marine Corps libraries will also be adding the books to their collections.

Many of the books on the reading list are written by military spouses who share their experiences and offer tips on how to find military resources and avoid learning things the hard way. The reading list contains books for new spouses, for those facing their first move or deployment, about understanding the effects of post traumatic stress and living a healthy lifestyle, as well as ideas on how to follow your own dreams while you follow the military. The collection also has books for military children.

According to Karen Macdonald, MCX buyer for Stationery, Books & Magazines, “ this new collection is similar to the Commandant’s Professional Reading List which features books that are recommended reading for Marines in order to help them progress through their careers. In the same way, Mrs. Amos hopes that The First Lady of the Marine Corps Recommended Reading List will help military spouses be successful regardless of the challenges they may face living a military lifestyle.”

Macdonald added that there are several special events scheduled during October. On Oct 20 at 11:00 A.M. to 1 P.M., Mrs. Amos will be at the MCB Quantico MCX main store along with authors Holly Scherer (1001 Things to Love about Military Life and Help I'm a Military Spouse), and Shannon Maxwell (Big Brain Boss and Our Daddy Is Invincible). On Oct 26, 10:00 A.M. to 12:00P.M, Mrs. Amos will be at the MCRD San Diego MCX main store along with Mollie Gross (Confessions of a Military Wife) and Shellie Vandevoorde (Separated By Duty, United By Love). On Oct 26 at 2 P.M. to 4 P.M, Mrs. Amos will again be at MCAS Miramar MCX main store with Gross and Vandevoorde.

Connecting to the community and being a support arm to Commanders is at the heart of the MCX mission. In 2011, MCX returned a dividend of \$47.5M to support MWR programs. The MCX also employs many military family members, 29% of MCX employees are family members. MCX supports the community everyday with programs like “Our Cost is Your Cost” where we sell items important to the military family at MCX cost, like bread, milk, diapers, baby food and baby formula as well as provide an overall market basket savings of 24% compared to retailers outside the gate.

First Lady of the Marine Corps Recommended Reading List
(10/15/12)

For Spouses:

Separated by Duty, United in Love

1001 Things to Love about Military Life

Help! I'm a Military Spouse--I Get a Life Too,

Confessions of a Military Wife

The Military Spouse's Employment Guide: Smart Job Choices for Mobile Lifestyles

The Road Home: Again. Smoothing the Transition Back from Deployment

Transformation: The Mindset You Need. The Body You Want. The Life You Deserve Faith Deployed Again

Courage After Fire: Coping Strategies for Troops Returning from Iraq and Afghanistan and Their Families

Wounded Warrior - Wounded Home

The 17 Day Diet

Service Etiquette, 5th Edition

A Families Guide to the Military for Dummies

The Day After He Left for Iraq

Eating For Life

Dream Giver

Heroes at Home: Help and Hope for America's Military Families

For Children:

Don't Forget, God Bless our Troops

A Salute to Our Heroes: The U.S. Marines (A Marine Corps children's book)

Our Daddy is Invincible

Big Boss Brain

Uncle Sams Kids: Moving Again Mom